

DR. AMJAD TUFAIL
Associate professor of Psychology

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PRESENT POSITION

Associate Professor of Psychology and Chairman Department of Psychology, Lahore Leads University, Lahore since August 12, 2024.

QUALIFICATIONS

- Ph.D, University of Education, Lahore (Topic: Development & Evaluation of Stress Management Program for Students) October 2012.
- M.Sc. Psychology (1st Division) Government College, Lahore 1989.

PROFESSIONAL EXPERIENCE:

- 1- Associate Professor of Psychology and Head Department of Psychology, Govt. MAO College, From Nov 4, 2021 to Nov 30, 2023.
- 2- Associate professor of psychology, Head, Department of Psychology, Govt. Islamia College, Railway Road Lahore, From May 31, 2018 to Nov 3, 2021
- 3- Visiting Professor, Lahore School of Professional Studies, University of Lahore. From October 2015 to June 2021, taught M.S. Clinical Psychology classes.

MEMBER AND POST HOLDER OF LEARNING INSTITUTIONS

Member International Association

- 1- International Affiliate American Psychological Association Since August 2024.
- 2- Member International council of Psychologist since July 2024.

Member Pakistan Psychological Association, since 1991 and Life Member since 2007.

- 1- Life Member since 2007, PPA.

- 2- Secretary General, Lahore Chapter since August 2024
- 3- Secretary information, From 2002-2004
- 4- Member Organizing committee, six conferences from 1989-2007

Founding Member Society for the Advancement of Muslim Psychology

- 1- President, SAMP, Since, August, 2018.
- 2- General Secretary, SAMP, From, March2015- August 2018
- 3- Secretary Information, SAMP, March 2012-March 2015
- 4- Joint Secretary, SAMP, 2004-2012

Member Halqa-Arbab-Zauq Lahore since 1987

- 1- Secretary, Halqa-Arbab-Zauq, Lahore, 2002-2003, 2014-2016
- 2- Secretary, Halqa- Arbab- Zauq, Rawalpindi, 1998-2000.
- 3- Acting joint secretary, Halqa- Arbab- Zauq, Lahore, 1987-88

RESEARCH PAPERS PUBLISHED

- 1) Depression, Anxiety, Coping and Quality of Life among Elderly living in Old Age Homes and in Family setup. Pakistan Journal Of professional Psychology: Research and Practice. Vol:5,2014 (as second author)
- 2) Terrorist Attacks and Community Responses. A PIPs Research journal, Conflict.Vol:3 No: 1, Jan-Mar 2010.

RESEARCH THESES SUPERVISED

- 1) M.S Theses,
Twenty M.S clinical Psychology theses supervised, Lahore School of Professional Studies, University of Lahore
- 2) M.Ph Theses
Five theses were supervised for Govt. Kennard College Lahore, as visiting faculty
- 3) Advanced Diploma in Clinical Psychology
Six theses were supervised for Pakistan School of Economics; Lahore affiliated with university of Sargodha
- 4) M.Sc/B.S (Honrs) Forty thesis were supervised

RESEARCH PAPERS AT CONFERENCES

- 1) Improving Emotional Intelligence. 12th Muslim Psychological Conference, Fountain House, Lahore. 10 November, 2014 (With Sana Ishtiaq as second author)
- 2) Depression, Anxiety Coping and quality of life Among Elderly Living in Old Age Homes and Family setup .12th Muslim Psychological Conference, Fountain House, Lahore. 10 November, 2014 (With Nadab Parsadas second author)
- 3) Perceived Social Support, Spirituality, Anxiety and Depression among Adult Cancer Patients. 12th Muslim Psychological Conference, Fountain House, Lahore. 10 November, 2014 (With Maria Ismail as second author)
- 4) Perception of Blind Children toward Just World. 12th Muslim Psychological Conference, Fountain House, Lahore. 10 November, 2014 (With Asiya as second author)
- 5) Student Teachers “Entrance Level Characteristics, Academic Achievements & Training Success: A Proposal for a longitudinal study. International Conference on Transforming Teacher Education: Improving Practicum & Internship.
(26-28 March 2008)
- 6) Students Stress in Pakistan: A Qualitative Study, International Educational Conference, Institute of Education & Research, University of the Punjab, Lahore (April 2006).
- 7) Violence, Terrorism and Social Responsibility A one day conference of Society for Advancement of Muslim Psychology, at Psychology Department, Al-Khair University, Canal Campus, Lahore on 23 May 2002.
- 8) Assessing interpersonal closeness, 10th International conference of Pakistan Psychological Association, Lahore April 5-7, 1998.
- 9) Ibn-e-Sina's views about human personality, 8th International conference PPA Islamabad October 8-10, 1991.
- 10) Mental health and Interpersonal Relations. Mental health week, Psychology Deptt. Govt. College Lahore 1991.
- 11) Psychology and our National needs, 20th all Pakistan Philosophical Conference, Baragali June 26-28, 1990.
- 12) National identify and out ethic problems NIP "Seminar on Socio-Psychological problems of Pakistan November 1989.

RESEARCH PROJECT

- 1) “Student Teachers Entrance Level Characteristics, Academic Achievements and Their Professional Success: A Longitudinal Study “.Member and Leader of Research Team in University of Education, Research Cell supported by Canada Pakistan Basic Education Project (CIDA) (since May 20, 2007).
- 2) Terrorist Attacks and Community Responses – Pakistan Institute for Peace Study (PIPS), Islamabad. (Aug – Dec 2009)
- 3) Rapid Training need assessment of District Bunner, CARE International Pakistan Islamabad (Aug 2009)
- 4) Field Coordinator FAUP Health Study Human Resources Development Institute April, June 1999. (For DIFD, Pakistan)
- 5) Research Assistant Jeet Reproductive Health and Human Sexuality Study for Family Planning Association of Pakistan with Dr. Mohammad Pervaiz. March April 1999. Participate in research designing, preparation of questionnaire, and translation of questionnaire in Urdu, retreating of data in Islamabad Zone of FPAP and participate in data analysis.
- 6) RWASA staffs training needs assessments as supervisor Human Resources Development Institute July 1998.
- 7) Research Fellow. Community attitudes and practices regarded disabled children. A two phase qualitative and quantitative study. Participated in design, execution and report writing of the project. From October 1991 to March 1992. NIP, Quaid-e-Azam University, Islamabad.
- 8) Research Fellow. National Institute of Psychology, Quaid-e-Azam University, Islamabad. A Study on Psychological Growth of Pre-School age Children. Participated in semi-experimental design and supervised centers activities also done Psychometrics Evaluation of Children. June 1989 to March 1992.

HUMAN RESOURCES DEVELOPMENT EXPERIENCE

- 1- Stress Management for Every Day Life. One day training Workshop conducted at Fountain House Lahore, June, 2014.
- 2- Stress Management for Every Day Life. One day training course conducted at Lahore College for Women University, Lahore and for other institutions. May 2013.
- 3- Resources Person, Training of Subject Specialist in Psychology, DSD, Lahore, June, 2004 to Sep 2004& June2005-sep2005.

- 4- Resources Person, Second Science Education Project, DSD&UE Lahore, Form June,2004to Sep 2004. June2005-sep2005.(Stress Management, Behavior Management, Conflict Resolution, Communication Skills, Leadership Development, Attitude Change)
- 5- Resources Person, Govt. In-service Training College For the Special Education Teachers, Gordon Town, Lahore, Since June,2003. (Stress Management, Behavior Management, Conflict Resolution, Communication Skills, Leadership Development, Attitude Change)
- 6- Resources Person, Govt. Jail Staff Training Institute, Faroz pure Road, Lahore, From July, 2003 to Sep 2008. (Stress Management, Behavior Management, Conflict Resolution, Communication Skills, Leadership Development, Attitude Change)
- 7- Master Trainer, for “Training of Presiding Officers” Organized by UNDP (SNEP)/ Election Commission of Pakistan, Dec, 2007- Jan, 2008.
- 8- Social Organization, National Rural Support Program, Rawalpindi Region, from July 1993 to October 1994.
- 9- Training Officer, Family Planning Association of Pakistan, Islamabad Zone, From July 1992 to July 1993.
- 10- Training Officer, Pakistan Agricultural Council from May 1992 to July 1992.

MEMBER BORAD OF STUDIES

- 1- Department of Applied Psychology, Minhaj University Lahore. Since April 2023.
- 2- Institute of Applied Psychology, University of the Punjab Lahore. From December 2021 to November 30, 2023.

PUBLICATIONS

PSYCHOLOGY:

- 1) Pursokoon Zindgi (urdu) Pakistan National Book Foundation, Islamabad. (2016)
- 2) Muslim Nafsiyat: Basic Issues (Compilation of Essays of Dr Azhar Ali Rizvi), Institute of Islamic Culture, Lahore, 2012.
- 3) Nafsiyat or Jadeed Zindgi, Takhliqat Lahore 2004.
- 4) Mushwrati Nafsiyat (Counseling Psychology) Fiction house Lahore 2002.

- 5) Muslim Nafsiyat Ke khadau Khal (Co-Author), Urdu Science Board, Lahore (1998 & 2000)
- 6) Theories of Jean Piaget, with Israr Ahmed Khan, NIP, Islamabad 1993 (Urdu).
- 7) Four articles on child psychology (Urdu) Pak Jamuriat Lahore August-September 1991 (Urdu).

CREATIVE AND LITERARY CONTRIBUTION

(i) COLLECTION OF SHORT STORIES

- 1) Matrook raste par safar, Short Stories, Alhamad Publication, Lahore 2024.
- 2) Meray Afsana (Collection of two books of short stories) Alhamd Publications, Lahore 2020.
- 3) Machliyan Shikar Karti Hein (Short Stories) Multi Media Affairs, Lahore. (2007)
- 4) Antique shop: Short stories (PBLs) Lahore 1990 (Urdu)

(ii) LITERARY CRITICISM

- 1) Hum Asar Almi Adab, Sang e Meel Publication, Lahore, 2023.
- 2) Ham Asar, Urdu Novel, Sang e Meel Publication, Lahore, 2023.
- 3) Hum Asar Urdu Shayari, Sang e Meel Publication, Lahore, 2023.
- 4) Hum Asar Urdu Afsana, Sang e Meel Publication, Lahore, 2023.
- 5) Hum Asar Urdu Tanqeed, Sang e Meel Publication, Lahore, 2023.
- 6) Khawaja Muhammad Zakriya; Shaksiyat or Fun, Pakistan Academy of Letter, Islamabad, 2022.
- 7) Adab ka Alami Darecha (Criticism). Narrative. Islamabad. 2012
- 8) Munir Niazi: Fun or Shakhsiyat, Academy of Letters Pakistan, Islamabad. (2006)
- 9) Quara-tul-Ain Hyder: In search of identity, Pakistan books and literary sounds (PBLs) Lahore, 1991 (Urdu).

(iii) COMPILATION AND EDITING

(a) Literary Journals

- 1) Editor quarterly, Istaara, Since October, 2017, Seven Issue including special Issue on Muhammad Hasan Asakri No. Lahore.
- 2) Editor quarterly Muasir international, volum no:11,12,13, Issue no: 24, January 2011-December 2013, Lahore

- 3) Associate Editor, Mabahis, 1&2, January – June 2012 & July-December 2012, Lahore.
- 4) Sub-Editor and Editor quarterly Zahin, Lahore from 1994-2014

(b) Books

- 1) Sadat Hasan Manto: Shakhsiyat Nama , Alhamd Publications, Lahore, 2018.
- 2) Rasheed Amjad ka Beymisaal Afsana, Alhamd Publications, Lahore, 2018.
- 3) Mansha Yad ka Beymisaal Afsana, Alhamd Publications, Lahore, 2018.
- 4) Kuliylat-e- Dr Muhammad Ajmal, Alhamd Publications, Lahore, 2015.
- 5) Aziz Ahmad ka Beymisaal Novlats, Alhamd Publications, Lahore, 2014.
- 6) Quara-tul-Ain Hyder ka Beymisaal Novlats, Alhamd Publications, Lahore, 2014.
- 7) Mustand Aor Jamay Kuliylat-e- Manto, 7 volumes, Narratives, Islamabad, 2012.
- 8) Mumtaz Mufti ke Shahkar Afsanay (Compilation), Gora publishers, Lahore (1999).
- 9) Mansha Yad ke Muntakhab Afsanay (Compilation), Gora publishers, Lahore (1998).
- 10) Selected Urdu short stories from Pakistan (Compilation), Al-Qalam Maatbuaat Islamabad (1995).

(c) Review of Books

- 1) Mustansar Hussain Tararr: Shakhsiyat-aur- Fun (Writer Dr Ghafoor Shah Qasim), Academy of Letters, Pakistan, Islamabad, 2018
- 2) Ibn-e-Insha Fun Aur Shakhsiyat,(Writer A.Hameed), Academy of Letters Pakistan(1996) (Editor)

STATE OF THE ART LECTURES

- 1) Stress Management, International Psychology Conference, Department of Psychology, University of Hazara, Mansahra, 2018.
- 2) Psychology and Literature, International Psychological Conference, Govt. College University Lahore, March 2013
- 3) Dr. Azhar Ali Rizvi memorial lecturer, 12th Muslim Psychological Conference, Society for Advancement of Muslim Psychology, Jan 2016.

TRAINING REPORTS WRITTEN

- 1) Workshops report on "Community Mobilization" in Urdu language April 24, 1997.
- 2) Workshops report on "Basic Management for Village Activities" in Urdu language February 17, 1997.
- 3) Workshop report on "Fostering Networks of Local Organizations" translated from English into Urdu October 1st, 1996.
- 4) Workshops report on "Micro Enterprise Development" July 1st, 1996.
- 5) Prepare training manual on "Micro Enterprise Development" July 1st, 1996.
- 6) Compiled Hand Book for workshop on "Thematic Training of Trainers" April 14, 1996.
- 7) Workshop report on Fostering Network of Local Organization-I" January 1st, 1996.
- 8) Workshop report on Fostering Network of Local Organization-II" January 10th, 1996.

TRANSLATION

Mardana Tashdad Ka Khatama (Translation from English) Lahore: Takhliqat. 2010 (As First Translator)